

True Beauty

NOTABLE
QUOTES



People are like stained-glass windows. They sparkle and shine when the sun is out, but when the darkness sets in, their true beauty is revealed only if there is a light from within.—**Elisabeth Kubler-Ross**

Our bodies are always going to change, and we might not always love that, but it really has nothing to do with true beauty. True beauty comes from within.

—**Nia Jax**

Be kind. It will reveal your true inner beauty.—**Debasish Mridha**

The beauty of a woman is not in a facial mode, but the true beauty in a woman is reflected in her soul. It is the caring that she lovingly gives, the passion that she shows. The beauty of a woman grows with the passing years.—**Audrey Hepburn**

There is nothing more beautiful than someone who goes out of their way to make life beautiful for others.

—**Mandy Hale**

True beauty is born through our actions and aspirations and in the kindness we offer to others.—**Alek Wek**

Unless you break free from the shackles of beauty as dictated by the media and society, true beauty will be elusive.

—**Khang Kijarro Nguyen**

God made you to be the way you are, you needn't try to be anything different than that.—**Victoria Lynn**

I am not this hair, I am not this skin. I am the soul that lives within.—**Rumi**

