

Overcoming

NOTABLE
QUOTES



Write the bad things that are done to you in sand, but engrave the good things that happen to you in marble.—Unknown

Out of suffering have emerged the strongest souls; the most massive characters are seared with scars.

—Khalil Gibran

Suffering becomes beautiful when anyone bears great calamities with cheerfulness, not through insensibility, but through greatness of mind.

—Aristotle

Although the world is full of suffering, it is also full of the overcoming of it.

—Helen Keller

The most authentic thing about us is our capacity to create, to overcome, to endure, to transform, to love, and to be greater than our suffering.—Ben Okri

It is by suffering that human beings become angels.

—Victor Hugo

Our human compassion binds us the one to the other—not in pity or patronizingly, but as human beings who have learned how to turn our common suffering into hope for the future.

—Nelson Mandela

We should not despair because there is so much suffering, grief, and wrong in the world. Instead, we should do what we can to make things right and encourage others to do the same.

—Unknown

Anywhere I see suffering, that is where I want to be, doing what I can.

—Princess Diana

Those who have suffered understand suffering, and therefore extend their hand.—Patti Smith

